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Poster Presentation

Anxiety Disorders Signs in Children

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Abstract

It's usual for children to feel anxious or concerned from time to time, such as when they're starting school or kindergarten, or moving to a new area. Anxiety can make a child feel frightened, scared, shamefaced or embarrassed. Several of the signs to look out for in your child are: finding it hard to concentrate, not sleeping, or awakening in the night with bad dreams, not eating correctly, quickly getting fractious or angry, and being out of control during bursts, continually disturbing or having negative opinions, Feeling of tension and restless thoughts, or frequently using the toilet, always tearing, clinging to the mother all the time, feeling unwell and complaining of abdominal pain. Your child may not have been old enough to diagnose depression. The main reason for anxiety will vary according to the age of the child. Separation anxiety is common in littler children, whereas elder children and youngsters tend to worry more about school presentation, interactions or relationships.

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