Poster Presentation   **Research**

The Effect of Behavior Management Training on the Mother's Anxiety of Children with Deafness

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Abstract

The birth or presence of a child with hearing defect provides unique and different challenges for family. However, in this situation all family members are hurt and their functions are impaired, but the mother, due to the traditional role of caregiver for these children to have more responsibility, more psychosocial problems may be encountered. The assumption is that the problems associated with the care of such children, parents especially mother are at risk of mental health problems, particularly anxiety. Considering the importance of the subject, the present study to evaluate the impact of behavior management training on the mother's anxiety of children with deafness was performed. For this purpose, by multi-stage sampling, patients were selected from two randomly selected special schools for deafness and finally among them 60 their mothers were randomly selected and then were divided into two experimental and control groups. In the pre-test, a general health questionnaire of Goldberg & Hillier (GHQ) was performed on both groups of mothers of deaf children. Then training to behavior management on mother's inexperimental group was performed and the post-test, again GHQ was administered to two groups. Results obtained by using an analysis of covariance. It was found that the rate of anxiety of mothersin experimental group after participating in training sessions has decreased compared to control group ($P<0.001$). Overall, the findings suggest that behavior management training significantly decrease anxiety of mothersof deaf children.

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