The Second International Anxiety Congress
Shefa Neuroscience Research Center, Tehran, Iran, 1-3 October, 2014
The Neuroscience Journal of Shefaye Khatam
Volume 2, No.3, Suppl 1

Poster Presentation Research

The Comparison of Early Maladaptive Schema in People with Different Levels of Trait Anxiety in Two Ethnic Groups of Iranian Students

Atefeh Farhadian[1*], Mohammad Ali Goodarzi[1], Mohammad Reza Taghavi[1], Ali Elahi Far[2], Seyyed Mahmoud Miremadi[2]

[1] Department of Clinical Psychology, Psychology and Educational Science Faculty, Shiraz University, International Division, Shiraz, Iran.

[2] Department of Clinical Psychology, Science and Research Branch, Islamic Azad University, Semnan, Iran.

Published: *1 Oct 2014*

Abstract

Anxiety affects the culture of society so that content of each culture has permanent effects on behavior, feeling and psychological features of people. The purpose of this research was the comparison of early maladaptive schemas between two ethnic groups (i.e. Kurds and the Persians students) with high and low levels of trait anxiety. The research design was descriptive and ex post facto type. 159 female students (78 Kurds and 81 Persians) were selected by multistage cluster sampling method. The research tools were including Young's schemas questionnaire (the short form) and Spielberger's trait anxiety questionnaire. The data were analyzed by MANOVA test. The results showed that there are significant differences between Kurd and Persian students with high level of trait anxiety in unrelenting standards/hyperilicolness schema. In addition, when the students with high and low levels of anxiety were compared with each other in each ethnic group, the results showed that they have significant difference in their early maladaptive schema and only in Persian students did not found significant difference in two subscales (self-sacrifice schema and unrelenting standards/ hyperilicolness schemas). According to results of this research it can be said that variants of between and within ethnic groups in early maladaptive schemas indicated the influence of culture on appearance of mental disorders.

Keywords: Early Maladaptive Schemas, Trait Anxiety, Ethnic Groups (Kurd and Persian).

Corresponding Author: Atefeh Farhadian

E-mail: *Atefe_farhadian@yahoo.com*

[Downloaded from shefayekhatam.ir on 2026-09-14]