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Poster Presentation

How to Find a Talent?

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Abstract

Talents may be artistic or technical, mental or physical, personal or social. You can be a talented introvert or a talented extrovert. Learning to look for your talents in the right places and building those talents into skills and abilities might take some work, but going about it creatively will let you explore your natural abilities and find your innate talents. You're not going to find a talent without trying. You can only find your natural abilities, skills, and talents when you test your mettle and actively seek new experiences. If you never try, you'll never know. Seek out challenges and obstacles to see what innate skills and abilities you might be hiding. We can find our talents along 3 steps including looking for talents, getting creative and building on talent. For step 1: stop waiting for talents to appear, try things that are easy, try things that are hard, follow your obsessions, keep track of little successes and ignore the television. For step 2: take a personality quiz, talk to your friends and family, look at both your strengths and your weaknesses for talent possibilities and define talent for yourself. For step 3: commit to building your talent into a skill, find other talented people, and respect the complexity of your talent and practice.

Keywords: Aptitude, Obsessive Behavior, Personality.

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