

**Oral Presentation**

**Review of Evidence-Based and Experimental Treatment of Posttraumatic Stress Disorder**

Markus Burgmer*

Department of Psychosomatics, University Hospital Münster, Münster, Germany

Published: 23-24 November, 2016

**Abstract**

Post-traumatic stress disorder (PTSD) is a distressing condition, which is often treated with psychological and/or pharmacological therapies. The talk will give information about current treatment regimes in PTSD which have proven evidence in reviews and meta-analysis. Furthermore, new and somewhat experimental treatments will be presented to provide insights into new treatment approaches.

**Keywords:** Posttraumatic stress disorder, Regimes, Experimental treatment

*Corresponding Author: Markus Burgmer
  E-mail: Markus.Burgmer@ukmuenster.de