



### Workshop Presentation

#### PTSD and Disasters

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#### **Abstract**

Post-traumatic stress disorder (PTSD) can arise from different traumatic incidents, such as war, torture, being kidnapped or held captive, mugging, child abuse, road accidents, train wrecks, plane crashes as well as natural disasters like earthquakes and floods. During each disaster, both victims and rescue workers are vulnerable to physical and psychological trauma that may lead to different forms of anxiety disorders, including PTSD. In this session, different manners and methods for prevention and treatment of anxiety disorders after various disasters will be discussed.

**Keywords:** PTSD, Disaster, Trauma, Anxiety Disorders.

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