



### Workshop Presentation

#### Art and Anxiety

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#### Abstract

The objective of this session is to identify that how films, movies and TV series can affect on anxiety level of the audiences. In this session, actors, directors, and psychologists are going to discuss about the role of TV series, films and their contents on decreasing or increasing of anxiety and the importance of “identification” between audiences and actors or actresses.

**Keywords:** Art, TV, Anxiety, Psychotherapy, Psychoanalysis.

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