The Second International Anxiety Congress
Shefa Neuroscience Research Center, Tehran, Iran, 1-3 October, 2014
The Neuroscience Journal of Shefaye Khatam
Volume 2, No.3, Suppl 1

Poster Presentation Research

Compared the Anger Control and Expression Style in Adolescents with Symptoms of Social Phobia Disorder and Normal Subjects

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Published: ***1 Oct 2014***

Abstract

Social anxiety disorder is an anxiety disorder in which a person has an excessive and unreasonable fear of social situations. Social anxiety and self-consciousness arise from a fear of being closely watched and criticized by others. Clinical observation also suggests that some persons with social anxiety disorder may experience intense anger at others upon perceived negative evaluation or when others expect them to engage in activities that are anxiety provoking. The present study compared the anger control and expression style in adolescents with symptoms of social phobia and normal subjects. The study population included all high school students in the academic year 2013-2014 in Tabriz were selected using the clustering method, 80 students were selected among them. The sample included 40 students with symptoms of social anxiety disorder and 40 students without regard to age, gender and education matched normal control group. Research tools include trait anger expression inventory (STAXI) and the social phobia inventory. The data were analyzed using univariate ANOVA. The results showed that there are significant differences in the anger control and expression style, anger expression outer, expression internal and internal control anger, between normal and adolescents with social phobia subscale, but no significant difference was observed between outer control anger. So students have symptoms of social phobia compared with the normal group in terms of different anger control and expression style.

Keywords: Anger Control and Expression, Social Phobia, High School Students.

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