



### Self-Focus Attention in Social Phobia Patients and Compared with Normal Subjects

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**Published: 1 Oct 2014**

#### Abstract

This study compared focus attention (self-focused attention and other focused attention) in social phobia patients and normal subjects. In this study with causal-comparative method, 100 subjects with social phobia and 100 normal individuals have been compared. Subjects were selected through cluster sampling among Tabriz university students. Data scale of social phobia and focus attention of the data was performed using multivariate analysis of variance and were analyzed with SPSS 16 software. This study showed that there are significant differences in self-focused attention, between the two groups of patients with social phobia and normal subjects, however there was no significant difference between the groups studied in focused attention on others. The results showed that people with social phobia in social situations, their attention mostly is focused on themselves.

**Keyword:** Focus Attention, Self-Focused Attention, Other Focused Attention, Social Phobia.

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