The Second International Anxiety Congress
Shefa Neuroscience Research Center, Tehran, Iran, 1-3 October, 2014
The Neuroscience Journal of Shefaye Khatam
Volume 2, No.3, Suppl 1

Poster Presentation Research

The Relationship between Levels of Anxiety and Locus of Control in Female Students

Paria Roozitalab[1*], Zahra Ebrahimi[2]

[1]Faculty of Psychology and Educational Sciences, Science and Research Branch, Islamic Azad University, Tehran, Iran.
[2]Faculty of Psychology and Educational Sciences, Alzahra University, Tehran, Iran.

Published: *1 Oct 2014*

Abstract

Locus of control is a very important issue in the psychological science and it can help people to overcome many psychological disorders. The main assumption of the present study was the relationship between both internal and external locus of control, as a hypothetical variable. The aim of this study was to determine the relationship between locus of control and levels of anxiety in female students in Science and Research Branch, Islamic Azad University, Tehran, Iran. 120 female students with 20 to 30 years old were randomly selected at all levels of university degrees. Cattell anxiety test and Rotter's Locus of control questionnaire (internal-external) were employed in this research. Results showed that relationship were significantly increased between mild anxiety and internal locus of control and also between external locus of control and severe anxiety ($P \leq 0.01$). Internal locus of control would be more successful in controlling students' anxiety however external locus of control would be accompanied by severe anxiety in students.

Keywords: Anxiety, Locus of Control, Female.

Corresponding Author: Paria Roozitalab

E-mail: *roozitalabp@yahoo.com*

[Downloaded from shefayekhatam.ir on 2026-11-13]