



### Workshop Presentation

#### PTSD and War

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#### ***Abstract***

Post-traumatic stress disorder (PTSD) may develop after a terrifying event involving physical injury or the threat of physical harm in war. Eight years of war after Iraq attacked Iran (between 1980-1988) caused thousands of PTSD among Iranian soldiers as well as civilians. Many of those people are suffering several decades from this form of anxiety; most now a complicated form of complex PTSD. Years of war in Iraq and Afghanistan have brought PTSD among soldiers to the attention of the Western scientific societies. PTSD is currently the subject of many research studies. In this session, several of these complicated patients will be introduced in this session and discussion will be aimed to find the best way of the management for them.

***Keywords:*** PTSD, Military Trauma, War.

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