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Oral Presentation

The Role of Positive Psychology in Talent Identification and Development

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Abstract

Positive psychology as a field focuses on identifying and supporting internal strengths and external resources to promote optimal functioning, flourishing, and resilience in individual, organizations, and communities. Research and interventions from the field are helping people be happy, productive, and resilient. From this perspective, each person has a unique set of strengths, which when used appropriately, helps the person feel good and function well. This workshop will introduce the positive psychology perspective and explore the possibilities and limitations of a strengths-based approach to talent identification and development.

Keywords: Positive Psychology, Talent, Identification, Flourishing.

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