## ثفارغة

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### Oral Presentation

#### **Youth Health Promotion Using Virtual Space**

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#### **Abstract**

Virtual technology can be a useful tool for designing models of healthy urban environments. The resilience and sustainability in any urban environment involves the establishment and maintenance of the health of its citizens. The well-being of youth, the future workforce of every society, is a highly important consideration in the design of cities. Cities are only truly sustainable when the workforce is guaranteed physical, mental, and social health. Therefore, the economy, environment, individual health, and infrastructure must be well defined and ideally optimized for diverse individuals. This presentation discusses how achieving sustainable health initiatives efficiently is possible through creating virtual health environments in order to train, innovate, and transfer health information to urban society.

Keywords: Health Promotion, Virtual Technology, Talent.

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