The Third International Anxiety Congress



Shefa Neuroscience Research Center, Tehran, Iran, 23-24 November, 2016

The Neuroscience Journal of Shefaye khatam

Volume 4, No. 3, Suppl 1

Oral Presentation

Review of Evidence-Based and Experimental Treatment of Posttraumatic Stress Disorder

Markus Burgmer*

Department of Psychosomatics, University Hospital Münster, Münster, Germany

Published: 23-24 November, 2016

Abstract

Post-traumatic stress disorder (PTSD) is a distressing condition, which is often treated with psychological and/or pharmacological therapies. The talk will give information about current treatment regimes in PTSD which haven proven evidence in reviews and meta-analysis. Furthermore, new and somewhat experimental treatments will be presented to provide insights into new treatment approaches.

Keywords: Posttraumatic stress disorder, Regimes, Experimental treatment

*Corresponding Author: Markus Burgmer

E-mail: Markus.Burgmer@ukmuenster.de